

Disclosure Statement

Joan Kaylor, MEd.,NCC.,LPC
Licensed Professional Counselor, LLC
Certified TAT® Professional and Trainer
EFT - Advanced Practitioner

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JoanKaylor@hotmail.com
www.JoanKaylor.com

Thank you for considering me as your therapist. Counseling is a very personal interaction shared between the clients and counselor and should not be entered into lightly. My highest degree is an M.S.Ed. in Community Counseling from Duquesne University in Pittsburgh, PA. I have been in private practice for 14 years. I am a licensed professional counselor and hold national certification with the National Board of Certified Counselors. I am past president of the Pennsylvania Counseling Association. I am past president and treasurer of the Obsessive-Compulsive Foundation of Western Pennsylvania, Inc. I have served on the board of the national Obsessive-Compulsive Foundation, and Trichotillomania Learning Center. I have taught workshops throughout the United States on obsessive-compulsive disorder, trichotillomania and energy psychology.

Counseling Approach

The counseling process is a therapeutic relationship between the client and professional counselor designed to achieve your goals.

To help accomplish this, I offer a variety of methods to assist you:

- Individual Counseling
- Family Counseling
- Cognitive Behavioral Therapy
- Energy Psychology
- Explore your family history

Growing up in a dysfunctional family can be the cause of many of today's problems. This is because:
what you experienced growing up
is what you learned;
what you learned shaped your behaviors;
your behaviors have outcomes and
consequences.

A dysfunctional family is one where family members do not discuss their problems, validate each other's feelings, or trust each other. Problems are ignored and feelings are dismissed.

If you are coming for counseling because you want to change an unhealthy behavior, stop negative thinking, stop self-sabotaging behaviors or have obsessive-compulsive disorder, anxiety, depression, or trichotillomania (compulsive hair pulling), help is available.

Appointments

Call 724-942-5477 if you wish to schedule an appointment for counseling or register for a class.

Please give 24 hours notice if you need to change your appointment.

Fee

My fee is \$150.00 per session. If you have insurance, you are responsible for the co-pay or out of pocket expense. If you an insurance plan I do not subscribe to, I will give you an insurance receipt which you may turn into your insurance plan for POSSIBLE reimbursement. Check with your plan to see if you have coverage for outpatient counseling with an out of network provider. If you are paying fee for service, the fee is due at the end of your appointment.

My Credentials

Master of Science in Education in Community
Counseling from Duquesne University, Pittsburgh,
Pennsylvania

National Certified Counselor, Certification #36764 from
the National Board of Certified Counselors

NBCC

3 Terrace Way, Suite D
Greensboro, NC 27403-3660
336-547-0607

www.nbcc.org

Licensed Professional Counselor

LPC # 000222 from the

State Board of Social Workers, Marriage and Family
Therapists and Professional Counselors

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